

TOPICS TO BE COVERED UNDER 30 CFR PART 46 ANNUAL REFRESHER TRAINING – 2018

PROVIDED BY THE MASSACHUSETTS DEPARTMENT OF LABOR STANDARDS

The Massachusetts Department of Labor Standards (DLS) will be presenting mine safety training in a new format this year. As a result our typical list of topics has been adjusted to reflect this new format. There will be examples of accidents, exercises and activities for each section, as well as a Contractor specific track.

This new format has been approved by MSHA as meeting their requirements.

Please note that the total length of the topics covered by (DLS) will be 7.5 hours even though, at a minimum, eight hours of annual refresher training is required by MSHA.

The training being provided by the Massachusetts Department of Labor Standards does not include instruction on changes at each individual mine that could adversely affect the miner's health and safety. This minimum 30 minute portion of the required training is being left to the individual mine operator.

The Safe Day of a Miner		
Section	Topics Covered	Time (minutes)
Section 1: Planning & Preparation	<ul style="list-style-type: none">• Prevention of Accidents - Job Hazard Analysis• Personal Protective Equipment• Mobile Equipment• Dangerous Machinery	75
Section 2: Pre-Shift Inspections	<ul style="list-style-type: none">• Vehicle Inspections• New Workplace Examinations Rule	75
Section 3: Set-up	<ul style="list-style-type: none">• Cranes• Ground Conditions	75
Section 4: Operations	<ul style="list-style-type: none">• Inundation/Engulfment• Dredging• Prevention of Accidents - Hazard Recognition	75
Section 5: Shut-down	<ul style="list-style-type: none">• Safety Programs - Lone Worker Protections• Communication Systems• Equipment Maintenance and Repair• Safety Programs – Equipment Shutdown Procedures	75
Section 6: Safety 24/7	<ul style="list-style-type: none">• Prevention of Accidents – Stress Management• Health Programs – Mental Wellness, Suicide Prevention	75